

Dig Deeper @Home – “Cries of the Heart”

Complement to lesson on 3/24/24 – “The King of Glory

ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. If you could visit another planet in our solar system, which would you visit?
2. Describe a time in your life when you were really excited about something that was going to happen. What were you excited about? Did it live up to your expectations? Why or why not?

MEMORIZE – Psalm 42:5

Why are you downcast, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

READ – Psalm 24 and Mark 11

Questions to ponder/discuss:

1. Re-scan the text and consider...
 - a. What did the Holy Spirit cause to “jump off the page” as you read?
 - b. Is anything repeated? Contrasted? Compared? (If so... why might that be?)
 - c. What are the verses revealing about God? About people?
In light of these, what needs to change in your life? What are you already doing well?
2. What connections do you see between Psalm 24 and Mark 11?
3. Read Zechariah 9: 9-10. How does this verse speak into the expectations the people had for Jesus? What were they expecting? Is this in line with Jesus’ plans and intentions? Where might you be missing Jesus’ plans and intentions in your life because of your expectations?
4. What’s the connection between the temple and the fig tree?
 - a. Why does Jesus curse the fig tree?
 - i. What is on the fig tree? What isn’t?
 - b. Are fig trees supposed to have fruit year-round?
 - c. How is this really speaking about the temple and Israel?

EXPERIENTIAL ACTIVITY – Mountain Moving Prayers

Lent is a time to lean into the hard, the broken, the painful ... it's a time to cry out with how we wish things were. In all these things, we bring them to the Lord. Look again at what Jesus said to his disciples in Mark 11:22-25. Did you catch it? Followers of Jesus can move mountains with our prayer. One of the biggest mountains? Unforgiveness. Does unforgiveness live and dwell in you? Bring it to God and ask it to be removed. Then, bring other mountains to our King as well. This week, cry out in prayer for mountains in your life to be moved into the sea. "For this reason, whatever you pray and ask for, believe that you have received it, and it will be yours."

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

Glorious Day - <https://youtu.be/gkJJ2XZwDHc>

Do it Again - https://www.youtube.com/watch?v=0B_InQIITxU

Goodness of God - <https://youtu.be/DHUjISdanYk>

Great is Thy Faithfulness – Mennonite Hymnal - 534

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the message:

God Almighty, Father, Son & Holy Spirit, You are the stronghold of my life. Kingship belongs to you, LORD, and you are Master of the mountains. As I bring them to you in prayer this week, enable me to do so in full belief that you will remove them and cast them into the sea, where the mountain will sink and never rise again.