

## **Dig Deeper @Home – “Hello, my Name is ...”**

### **Complement to lesson on 7/02/23 – “The God who Heals”**

#### **ICE BREAKER – Questions to open dialogue and learn more about those gathered**

1. If you could cure one disease, which would it be and why?
2. How would you like God to heal you right now?

#### **MEMORIZE – Jeremiah 33:2-3**

Thus says the LORD who made the earth, the LORD who formed it to establish it – the LORD is his name: “Call to me and I will answer you, and will tell you great and hidden things that you have not known.”

#### **READ – Read Exodus 15**

##### **Questions to ponder/discuss:**

1. Re-scan the text and consider...
  - a. What did the Holy Spirit cause to “jump off the page” as you read?
  - b. Is anything repeated? Contrasted? Compared? (If so... why might that be?)
  - c. What are the verses revealing about God? About people?  
In light of these, what needs to change in your life? What are you already doing well?
2. What names or attributes do you see about God in verses 1-21?
  - a. What do these names/attributes tell you about God?
  - b. In what ways have you experienced these names/attributes?
  - c. In what ways are you waiting to experience these names/attributes?
  - d. How does Jesus fulfill/embody each of these names/attributes?

## **EXPERIENTIAL ACTIVITY** – *Calling out to Jehovah Rapha*

Read Psalm 30 then compare how God is healer in Psalm 30 with Exodus 15. Now spend time considering what healing you need in your own life ... perhaps it's physical healing, maybe healing of emotional hurts, healing of the heart, or healing of an attitude (like the bitterness within the people of Israel in Exodus 15). Whatever the healing is, be specific and call out to God Almighty, Jehovah Rapha asking Him for healing. Even spend time asking Him what healing you most need. If doing this with others, pray over one another for healing from Jehovah Rapha, our mighty God.

**SING** (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

Your Great Name - <https://www.youtube.com/watch?v=PasbQx0ViIQ>

A Thousand Hallelujahs - [https://www.youtube.com/watch?v=BQ\\_H\\_1ueJZU](https://www.youtube.com/watch?v=BQ_H_1ueJZU)

Psalm 23 - [https://www.youtube.com/watch?v=Mo3HgtT\\_OiE](https://www.youtube.com/watch?v=Mo3HgtT_OiE)

Heal me O Lord/ I am the God that Healeth Thee - <https://www.youtube.com/watch?v=crBpirTdEU>

## **PRAY**

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

## **Sending prayer based on the series:**

As you go this week, may you experience powerful healing from Jehovah Rapha, the God who Heals. Praise Him and exalt Him in the places you live, work, vacation and play.