

Dig Deeper @Home – “For the Sake of His Name”
Complement to lesson on 5/28/23 – “Freed by the Spirit”

ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. Would you rather have ice cream, Italian ice or a gelato?
2. Share a time when someone interceded for you

MEMORIZE – Romans 8:1-2

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

READ – Read Romans 8: 12-39

Questions to ponder/discuss:

1. Re-scan the text and consider...
 - a. What did the Holy Spirit cause to “jump off the page” as you read?
 - b. Is there anything you don’t understand? If so, how could you come to a better understanding? (Consult a study Bible or commentary? Ask a friend, parent, or teacher?)
 - c. What are the verses revealing about God? About people?
In light of these, what needs to change in your life? What are you already doing well?
2. In Romans 8 Paul identifies 3 things that groan.
 - a. What are these 3 things that groan?
 - b. Why are they groaning? What does suffering and hope have to do with the groaning?
3. What does it mean to intercede for someone? How does it make you feel to know that the Holy Spirit (v26) and Christ Jesus (v34) are interceding for you?
4. What does it mean to live by the Spirit? How are we to tangibly live this out? What does this look like in your life?

EXPERIENTIAL ACTIVITY – Living Spirit Led

Romans 8 has many amazing promises. Read the whole chapter again paying attention to which of these verses “jumps” at you or impacts you the most. Often, the Holy Spirit illuminates scriptures for us in this way, to bring them to our attention. You might want to read the chapter a couple of times. After you do, identify the verse which most captures your attention. Commit this verse to memory. Take a sheet of paper and write it down 5 times. Put it on an index card and place it somewhere you will see it. Create an artistic poster with the verse. Spend your time thinking about this verse. Thank the Holy Spirit for pointing out this verse to you and ask Him what He wants you to take from it. Repeat this verse throughout the week and ask the Holy Spirit to help you live it, believe it and truly receive it. Look for ways to live this verse out or share with others. In this way, we grow in being Spirit led and open ourselves up for a closer walk with the Holy Spirit.

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

Wrap Me in Your Arms - <https://www.youtube.com/watch?v=T5eptYthEzg>

Holy Spirit - <https://www.youtube.com/watch?v=eFByOX8Fb0M>

Psalm 23 - https://www.youtube.com/watch?v=Mo3HgtT_OiE

In the Garden - https://www.youtube.com/watch?v=3_dMzucjEaw

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the series:

As you go this week, walk according to the Spirit and set your minds on the things of the Spirit. As you do, may you abound with life and peace