

# Dig Deeper @Home – "For the Sake of His Name" Complement to lesson on 5/7/23 – "Cultivating Life"

### ICE BREAKER – Questions to open dialogue and learn more about those gathered

- 1. What's the best gift you ever received? What's the best gift you ever gave?
- 2. Finish the sentence: Spring is ...

# MEMORIZE – Romans 8:1-2

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

# **READ – Read Romans 12**

#### **Questions to ponder/discuss:**

- 1. Re-scan the text and consider...
  - a. What did the Holy Spirit cause to "jump off the page" as you read?
  - b. Is anything repeated? Contrasted? Compared? (If so... why might that be?)
  - c. What are the verses revealing about God? About people?In light of these, what needs to change in your life? What are you already doing well?
- 2. Paul exhorts us to offer our bodies as a "living sacrifice?" Aren't these words contradictory? How can you be both living and a sacrifice?
  - a. What keeps us from offering our bodies as living sacrifices?
  - b. What will enable us to offer our bodies as a living sacrifice?
- 3. How does Paul tell Christians they are to think about themselves?
  - a. Why is this important?
  - b. What does this look like?
  - c. Why is important that we remember we are part of one body with many gifts?
  - d. What are we to do with our gifts?

# **EXPERIENTIAL ACTIVITY** – A Living Sacrifice

In Romans 12:1, Paul tells us to offer our bodies as a living sacrifice. He then comes back with rapid fire actions of what this looks like in verses 9-21. Read over this list again. Each day of the week, read over this list again and consider which action you can do that day to offer yourself as a living sacrifice. In doing so, you will yourself becoming less conformed to the world all the while having your mind transformed.

**SING** (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!) Overcome Evil with Good - <u>https://www.youtube.com/watch?v=9SNWbLFiFu8</u> Transformers - <u>https://www.youtube.com/watch?v=Y1Kne1xi3c</u> Psalm 8 - <u>https://www.youtube.com/watch?v=3KESHIBh8a8</u> Trust and Obey - <u>https://www.youtube.com/watch?v=KB4KcleYiWM</u>

## PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

#### Sending prayer based on the series:

As you go this week, remember that you are loved by God and called to be saints. May the God of hope fill you with all joy and peace as you believe in Him, so that you may abound in hope by the power of the Holy Spirit.