

**Dig Deeper @Home – “Questions to Consider”**  
**Complement to lesson on 11/7/21 – “Where’s Your Strength?”**

**ICE BREAKER – Questions to open dialogue and learn more about those gathered**

1. Would you rather have super strength, super speed, be super flexible or be super smart?
2. Share about a time you didn’t have the strength to do something. What did you do?

**MEMORIZE – Nahum 1:7**

“The LORD is good, a stronghold in the day of trouble; he knows those who take refuge in him.”

**READ – Nahum 1**

**Questions to ponder/discuss:**

1. What does the Holy Spirit draw your attention to as you read these passages?
  - a. What sticks out to you?
  - b. What details do you see? What details are left out?
  - c. Is anything repeated? Contrasted? Compared?
2. How do these passages bear witness about Jesus?
3. What is the main feeling you get after reading Nahum 2? What do you think God wants you to do in response to that feeling?
4. Remember, Nahum chapter 1 comes before Nahum chapter 2. So before the destruction prophesied in chapter 2, we get Nahum 1:7 (our memory verse). What is so important about this verse in light of what we learn in chapter 2?
5. Read Luke 2:32. How does this ultimately relate to the LORD restoring majesty to Jacob as stated in Nahum 1:2?

## **EXPERIENTIAL ACTIVITY – Filtering Strongholds**

In chapter 1 of Nahum, the LORD is presented as a stronghold in a day of trouble. In chapter 2, we see earthly strongholds like armies and palaces and riches crumble before the LORD. The take-a-way is that all strongholds other than the LORD himself will fail. But if we are honest, you and I have strongholds beside the LORD that we turn to.

So, this week, take time to identify these other strongholds in your life. How?

1. Pay attention to what you turn to when you are angry, worried, annoyed, stressed, tired, happy or elated. The things you turn to could be strongholds.
2. After you identify them, confess them to God and to a trusted friend.
3. Build patterns of turning to God instead of these other strongholds. It may mean eliminating some strongholds in your life. But you will be better for it!
  - a. Patterns of turning to God could be reading scripture, spending time in prayer, solitude or silence, or it could be having times of worship in your day.

Remember, all other strongholds other than the LORD himself are doomed to fail. So build patterns into your life to go to the One True Stronghold that won't fail on the day you need Him most.

**SING** (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

**He Shall Reign** - <https://youtu.be/oW7PcW9xfvE>

**The Great I AM** – [https://www.youtube.com/watch?v=y\\_VR-zwp2KA](https://www.youtube.com/watch?v=y_VR-zwp2KA)

**Strong Tower** - <https://www.youtube.com/watch?v=SCV7sQ06b-4>

**Come, thou Almighty King** – Mennonite Hymnal #4

## **PRAY**

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

## **Sending prayer based on the series:**

May you know and experience the goodness of the LORD as you seek Him, trust Him and follow Him this week. As you go, bring the good news and proclaim peace to those where you live, work and play.