

Dig Deeper @Home – “Questions to Consider”
Complement to lesson on 10/31/21 – “Can You Endure?”

ICE BREAKER – Questions to open dialogue and learn more about those gathered

1. Would you rather travel into outer space or deep underwater?
2. Share about a time that you quit, when you couldn't endure. What was it and why did you quit?

MEMORIZE – Nahum 1:7

“The LORD is good, a stronghold in the day of trouble; he knows those who take refuge in him.”

READ – Nahum 1

Questions to ponder/discuss:

1. What does the Holy Spirit draw your attention to as you read these passages?
What sticks out to you?
 - a. What details do you see? What details are left out?
 - b. Is anything repeated? Contrasted? Compared?
2. How do these passages bear witness about Jesus?
3. How can the LORD be on one hand vengeful, jealous and wrathful (v1) and on the other hand slow to anger (v3), good and a stronghold in the day of trouble (v7)? How do you reconcile these together? (hint: these are definitely reconcilable attributes)
4. In verses 4 and 5 we see creation's response to the LORD. Compare and contrast this with humanity's response to the LORD as depicted in v9.
5. Read Matthew 11: 28-30. How does this connect with Nahum 1: 12-13?

EXPERIENTIAL ACTIVITY – Endurance Test

You have two options for this activity, one physical and one observational. You can choose to do one of them or both of them.

1. Physical Activity
 - a. Get into a plank position and try to hold it for 10 minutes or try to do 200 pushups in a row.
 - b. Questions: Were you able to do it?
2. Observational Activity
 - a. Boil water. Put an ice cube in it. Watch what happens.
 - b. Questions: Was the ice cube able to endure?
3. Overall question: How does this relate to the verses from Nahum 1?

SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)

He Shall Reign - <https://youtu.be/oW7PcW9xfvE>

The Great I AM – https://www.youtube.com/watch?v=y_VR-zwp2KA

Strong Tower - <https://www.youtube.com/watch?v=SCV7sQ06b-4>

Come, thou Almighty King – Mennonite Hymnal #4

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the series:

May you know and experience the goodness of the LORD as you seek Him, trust Him and follow Him this week. As you go, bring the good news and proclaim peace to those where you live, work and play.