

Holiday Idea Card

Lent

Engage and Embed ~Break Bread~

(1 of 3)

Best Use

A series of Lenten gatherings for a group of family or friends to reflect on Jesus's path to the cross and anticipate the celebration of Easter. Collect all 3 Idea Cards!

Goal

To embed in our minds a thankfulness for Jesus's sacrifice via a combination of intentionally focusing our minds on Scripture and the engagement of our senses.

Advance Preparation

- A meal (Your choice... Make it fun!)
- Communion elements (Bread, grape juice)



Implementation

- Schedule 3 dates leading up to Easter when you will meet as a family unit or group. 1 Idea card per meeting.
- On the day that you have chosen to meet, start by reading the provided Scripture, then proceed to the activity and reflection questions.

Serve It Up

Follow these steps for a great experience...

~ Lent Gathering #1: Break Bread ~

1. READ | Luke 22:7-22

2. ENGAGE:

Knowing that His time on earth was short, Jesus shared one final meal with his closest companions. Likewise, share a meal with your group of companions, fellowshiping around the table. Just as Jesus took the bread and offered the wine, **BREAK** the bread and **POUR** the wine/grape juice in remembrance of Jesus body broken and blood spilled for us. **TASTE** the earthly elements of communion, and **FEEL** the tangible connection between loved ones.

3. DISCUSS

- When you think of the origin of communion, do you imagine it as a meal between friends?
- Jesus knew that it was mere moments before all of his friends would desert him, yet he chose to **LOVE** them. **EMBRACE** someone with a hug or handshake. Are there any among the group you need to **FORGIVE** and be reconciled with?
- What do the communion elements represent?

4. PRAY

- Prayers of gratitude for the friendship of all present.
- Prayers of forgiveness, reconciliation, and unity.
- Prayers of thankfulness that Jesus befriends us, even though we too will fail Him!

