

Holiday Idea Card

Lent

Engage and Embed ~Torn~

(3 of 3)

Best Use

A series of Lenten gatherings for a group of family or friends to reflect on Jesus's path to the cross and anticipate the celebration of Easter. Collect all 3 Idea Cards!

Goal

To embed in our minds a thankfulness for Jesus's sacrifice via a combination of intentionally focusing our minds on Scripture and the engagement of our senses.

Advance Preparation

- 1 Old, unwanted t-shirt
- Scissors



Implementation

- Schedule 3 dates leading up to Easter when you will meet as a family unit or group. 1 Idea card per meeting.
- On the day that you have chosen to meet, start by reading the provided Scripture, then proceed to the activity and reflection questions.

Serve It Up

Follow these steps for a great experience...

~ Lent Gathering #3: Torn ~

1. **READ | Matthew 27:45-54 / Hebrews 9:1-14, 10:19-25**

2. **ENGAGE:**

Take turns ripping the cloth of an old t-shirt. (You may need a scissors to start the process.) **FEEL** the fibers under pressure. **HEAR** the sound of the fabric tearing. **IMAGINE** the force necessary to tear the temple veil.

(Jewish tradition suggests the veil was about four inches thick!)

3. **DISCUSS**

- What is the significance of the torn temple veil to us today?
- How does it make you **FEEL** to know that the book of Hebrews refers to Jesus's body as the curtain? That his body was literally "torn" for us?
- How can we **RESPOND** in thankfulness for his sacrifice?

4. **PRAY**

- Prayers of adoration to our Savior.
- Prayers of brokenness at the thought of our sin.
- Prayers of praise that Jesus took our place!

