

**Dig Deeper @Home – “Kingdom People”  
Complement to lesson on 12/20/2020 – “Rest”**

**ICE BREAKER – Questions to open dialogue and learn more about those gathered**

1. Share a high and a low from this past week.
2. What do you do to rest? What rhythms of rest do you have?

**MEMORIZE – Jeremiah 32: 38-40**

And they shall be my people and I will be their God. I will give them one heart and one way, that they may fear me forever, for their own good and the good of their children after them. I will make with them an everlasting covenant, that I will not turn away from doing good to them. And I will put the fear of me in their hearts, that they may not turn from me.

**READ Jeremiah 32**

**Questions to ponder/discuss:**

1. What sticks out to you in this passage? What did you like? What didn't you like?
2. What general observations can you make? Anything repeated? Contrasted? Compared?
3. What is this passage revealing about God? About us as humans?
4. What is the connection of Jeremiah's prayer in 32: 17-25 to King Zedekiah's question in verse 3?
5. Read again Jeremiah 32: 26-35. Where in these words do you see the grace and patience of God?

## **Experiential activity – “Communion”**

Read Jeremiah 32: 26-44 as well as Luke 22: 14-20. Take time and point out the promises that God makes in these verses and how Jesus is the ultimate fulfillment. Take communion together receiving these promises and thanking Jesus for making it possible. Finish by spending time worshiping God together using the songs below or whatever God may lay on your hearts.

## **SING (Suggested songs to sing. Use these, or any favorites of the gathered group, to worship Jesus!)**

Boldly I Approach - <https://www.youtube.com/watch?v=4QDnVD7gu5Y>

Angels we Have Heard on High – <https://www.youtube.com/watch?v=8V7sLV2uqls>

Mennonite Hymnal #127

Joy to the World (Joyful, Joyful) – <https://www.youtube.com/watch?v=sqClgz1jLY>

Mennonite Hymnal #122

God Rest ye Merry Gentlemen - <https://www.youtube.com/watch?v=u5KpZBQ6yGE>

## **PRAY**

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

## **Sending prayer based on the lesson:**

Go from here rejoicing in Christ, the one who said, “Come to me all who are heavy laden and I will give you rest.” May you experience his rest and his peace in a deep and intimate way as you turn to him, trust in him and follow him. Amen.