



## **Dig Deeper @Home – “Genuine Prayer”**

### **Complement to sermon on 1/27/2019 – “Genuine Perspective”**

#### **ICE BREAKER – ask these to open dialogue and learn more about those gathered**

1. If you could be invisible for a day, what would you do?
2. Would you rather be 4 inches tall or 40 feet tall? Why?

#### **MEMORIZE – Matthew 6: 9-13**

Pray then like this: “Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

#### **READ – Read Daniel 9: 4-19**

##### **Questions to ponder/discuss:**

1. What does this passage reveal about God? About humanity?
2. If the above is true, what needs to change in your life?
3. What is Daniel’s main request of the prayer?
4. What is Daniel’s main reason for God to act? (hint: v19)
5. According to Daniel’s prayer, what is the reason God sends prophets and calamity? (hint: v13)
6. This is one type of prayer...namely confessional. But from this prayer of Daniel, what can you learn about prayer and how can it help to shape your prayer life?
7. Read Daniel 9: 20-23. What is going on in these verses and what does it tell us about our prayers?

Summarize Daniel 9: 4-19 in your own words

## **Experiential: Simple prayers**

There are 4 words to remember to help us pray simple prayers: please, thanks, praise, sorry. These 4 words represent 4 methods of prayer: please = prayers for help. Thanks = prayers of thanksgiving. Praise = prayers of adoration and praise. Sorry = prayer of confession.

This week focus on sorry: prayers of confession. God, in his grace, will reveal things in our lives that are not aligned with His ways. This is not to lead us to despair, but to lead us to confess and be healed. So, what in your life do you need to confess? Spend time each day offering prayers of confession and then wait on God to respond.

## **Testimony Time**

Share about experiences you have had with fasting.

**SING** (suggested songs to sing. Use these or any song you might want to sing)

**Our Father** - <https://www.youtube.com/watch?v=cVqKyVW2gEE>

**God of Grace and God of Glory – Mennonite Hymnal #434**

## **PRAY**

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

## **Sending prayer based on the lesson:**

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil. Help us to live in a way that is consistent and genuine to our professed faith and belief. For your glory and the good of those around us. Amen