



**Dig Deeper @Home – “Living in Faithful Community”
Complement to sermon on 11/25/2018 – “The Vital Attire”**

ICE BREAKER – ask these to open dialogue and learn more about those gathered

1. What was your high and low of the week?
2. What’s your favorite piece of clothing to wear? (answer could be specific ie my cream sweater or generic ie hoodies)

MEMORIZE – Ephesians 4: 15-16

Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every point with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

READ – Read Ephesians 5:18 – 6:8

Questions to ponder/discuss:

1. What does this passage reveal about God? About humanity?
2. If the above is true, what needs to change in your life?
3. What is the connection between submission and giving thanks? (hint: v18-21)
4. What is to be our motivation for submitting to one another? (hint: it is not whether the person deserves it or not)
5. Paul gives three examples of submission: husbands and wives, parents and children, masters and slaves.
 - a. What is the common thread throughout these three examples?
 - b. What is challenging about these examples?
 - c. How well do you do personally living these out daily in your own life? Identify areas you do well and areas where you don’t do so well.
 - i. Take time to confess the areas you fall short and to receive God’s grace through Christ

Summarize Ephesians 5:1-20 in your own words:

Experiential: The Discipline of Submission

Submission can often be viewed as weak or negative. But the Bible paints a very different picture. Jesus himself says that he only speaks what the Father tells him to (John 8:28, 12:49). Spend time this week practicing the discipline of submission and journaling about it. How did you feel? Were you able to? What made it difficult? What made it easy?

For greater study on submission, check out this link:

<http://www.discipleshiptools.org/apps/articles/default.asp?articleid=37281&columnid>

Testimony Time

Talk about a time that you practiced submission either to God or someone else. What did it look like? How did things turn out?

SING (suggested songs to sing. Use these or any song you might want to sing)

I Lay me Down - <https://www.youtube.com/watch?v=F7t2CI43nOU>

He Leadeth Me – Mennonite Hymnal #543

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the lesson:

Lord Jesus, grow in each of us a spirit of submission, first and foremost to You as Lord. As we go through this week, Holy Spirit, free us from the tyranny of needing things our way and let us yield to those around us, to submit to them and to serve as if serving and submitting to You. Amen.