

**Dig Deeper @Home – “With Everything”**

**Complement to sermon on January 21, 2018 – “Why Worship?”**

**MEMORIZE – Psalm 145:1-2**

I will extol you, my God and King, and bless your name forever and ever. Every day I will bless you and praise your name forever and ever.

**READ Psalm 145**

**Questions to ponder/discuss:**

1. What does Psalm 145 reveal about who God is and what He does? (Make a list)

2. What does Psalm 145 reveal about our need as humans to worship God? (Make a list)

3. How would you rate your participation in corporate worship?

Not engaged    Slightly engaged    Somewhat engaged    Fully engaged

\_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_

If you are not fully engaged in corporate worship, why do you think that is so? How could you be more fully engaged?

4. How would you rate your private worship of God?

Not engaged    Slightly engaged    Somewhat engaged    Fully engaged

\_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_

If you are not fully engaged in private worship, why do you think that is so? What can you do to be more fully engaged?

5. As you read Psalm 145, why is God worthy of our unreserved participation in worship?

6. Read John 4:19-24. What does Jesus teach us about worshipping God? What does it mean to worship God in “spirit and in truth”? Make a list of words or phrases that would further describe what it might mean to worship God this way.

**Summarize the book of Psalm 145 in two sentences or less**

## Experiential

Sometimes activities help us to understand and process biblical truths. The one below is a suggestion for how to experience the truths of Psalm 145. Feel free to use this or any other experience you might come up with.

### Create a Psalm of Worship to God:

Have each person in your family or group write a song of praise to God. Fill in the blanks of your own Psalm of worship.

*"I praise God for \_\_\_\_\_ . When I see \_\_\_\_\_ I know my God is real. In the morning I say to God \_\_\_\_\_. My heart is full of praise to God because \_\_\_\_\_ ."*

After each person has filled in the blanks, go around and have each person read their psalm as a further offering of worship to God.

**SING** (suggested songs to sing. Use these or any song you might want to sing)

**You Are Worthy of My Praise** - <https://www.youtube.com/watch?v=eVKx59gp0ow>

This song of worship invites us to give all our worship and all of our praise to God who is worthy of our praise.

### O Worship the King - #15 in Mennonite Hymnal

A hymn of worship based on Psalm 104. O worship the King all glorious above and gratefully sing His power and His love.

## PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

### Sending prayer based on the lesson:

Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time<sup>(a)</sup> and now and forever. Amen.