

Dig Deeper @Home – “Broken Restored”

Complement to sermon on March 26, 2017 – “Cruel & Afflicted”

MEMORIZE – Lamentations 3: 21-23

But this I call to mind, and therefore I have hope: The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.

READ Lamentations 4

Questions to ponder/discuss:

1. What is this passage revealing about God and what is it revealing about us as humans?

2. If the above is true, what needs to change in your life? What will that look like?

3. Verses 1-10 is the result of "God giving full vent of his wrath" (v11). Compare and contrast this to what Paul tells us in Romans 1: 18-32 about the wrath of God.

4. Read verse 20 again.
 - a. Who is the LORD's anointed?

 - b. Why is he called "the breath of our nostrils?"

 - c. What happened to him and why is this a problem for the people?

 - d. How is this verse ultimately fulfilled in Jesus?

5. What hope is offered in verse 22 after a completely depressing chapter 4? How does this show God's grace?

Bottom Line – Summarize Lamentations 4 in your own words.

Experiential

Sometimes activities help us to understand and process biblical truths. The ones below are a suggestion for how to experience the truths of Lamentations 4.

Find the biblical truth

Listed are some common sayings that are thought to be in the bible, but aren't. In response to the listing, find what scripture actually has to say about these. Use [this website](http://www.biblestudytools.com/blogs/inside-bst/5-verses-you-thought-were-in-the-bible-but-aren-t.html) for assistance if you need it (<http://www.biblestudytools.com/blogs/inside-bst/5-verses-you-thought-were-in-the-bible-but-aren-t.html>). Use the space to rewrite the sayings with biblical accuracy.

1. God helps those who helps themselves
2. Money is the root of all evil
3. This, too, shall pass
4. Just follow your heart and believe, and you can do anything.

SING (a suggested songs to sing. Use this or any song you might want to sing)

How Can it Be - <https://www.youtube.com/watch?v=1Ben2wwGyOk>

A great song of praise to Christ for setting us free

God, be Merciful to Me – Mennonite Hymnal #238

A plea for God's mercy in the midst of His wrath

PRAY

This is a time to gather around for prayer requests and to share how you have seen God at work. A time to hear where God is showing up in our lives and where we need Him to help us in our lives.

Sending prayer based on the lesson:

As you go, may you experience and receive the never-ending steadfast love of the LORD to fully comfort you and to enable you to pass on His never-ending steadfast love to those around you.