

MEMORIZE – Jonah 2:8

"Those who worship false gods turn their backs on all God's mercies"

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Bottom Line (give a one or two sentence summary of the scripture you just read):

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Bottom Line (give a one or two sentence summary of the scripture you just read):

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Sometimes activities help us to understand and process biblical truths. The below is one suggestion for how to experience the truths of Jonah 3. Feel free to use this one or any you might come up with.

"Daily Reminder"

In chapter 3, Jonah did "according to the word of the LORD." If we are honest, we often fail to follow the word of the LORD in our daily lives. Here's an activity to help us overcome this. Find a bible verse that you find important and want to live out intentionally in your life. For example (and a good choice as well) would be Acts 2:8. The activity is to write this verse (or whichever one you pick) on a post-card or make a poster and then put it somewhere you look every day. Maybe write it on your bathroom mirror, write it on a post card and then put it on your dashboard. The important thing is you pick a verse, write it and place it in a prominent spot. Every time you see it, read it and ask the Holy Spirit to make it a rhythm of your life.

SING (a suggested song to sing. Use this or any song you might want to sing)

Blessed Assurance - https://www.youtube.com/watch?v=5AmFu58Tk2Y
In the Hymnal #544. This song reminds us who we are because of what Christ has done

Christ is Enough - https://www.youtube.com/watch?v=0fZ-tBR7LJ0
I have decided to follow Jesus, no turning back. Let that be your prayer for this week.

PRAY

This is a time to gather around for prayer requests and praise reports. A time to hear where God is showing up in our lives and where we need Him to show up in our lives.

Sending prayer based on the lesson: