



July 14, 2013

**Staying in the Flow:
#1 Priority for Spiritual Growth**
Acts 17:10-15

The Picture

A fruitful tree
Psalm 1:3

Much fruit
John 15:5

Noble character
Acts 17:11a

The Practice

Remain (mentioned 7 times in *John 15:1-7*) Meditate (... on His law day and night)

Meditation is:

Prayerful reflection on a word from God

It makes the truth real to your heart

It shapes your emotions, affections and imagination

The Pattern

Read, Reflect, Respond

The Promise

“This is to my Father’s glory that you bear much fruit.” *John 15:7*

“He is like a tree planted by streams of water, which yields its fruit in season, and whose leaf does not wither.” *Psalm 1:3a & b*