



## **Dig Deeper @Home – 1 John 3:1-10**

**Complement to sermon on February 7**

### **MEMORIZE**

"We love because God first loved us" (1<sup>st</sup> John 4:19)

### **READ**

Read 1 John 3: 1-10

**Questions to ponder/discuss (1&2 are great for all, 3-8 for deeper study)**

1. What is this passage revealing about God and what is it revealing about humanity?
2. If the above is true, what needs to change in your life? What will that look like?
3. What does it mean to "practice righteousness?" (hint: might have to look at other parts of 1<sup>st</sup> John)
4. What does it mean to practice sinning?
5. According to this passage, why did the son of God appear? (hint: verse 2, 5 & 8)
6. When are you a child of God? (is he talking past, present or future?)
7. What is it impossible for someone born of God to do?
8. Recall 1<sup>st</sup> John 1: 7-10 ... why is this passage so vital to the Christian life? What's keeping you from daily, open confession?

**Bottom Line (one or two sentence summary of the scripture you just read):**

## Experiential

Sometimes activities help us to understand and process biblical truths. The below are suggestions for how to experience the truths of 1<sup>st</sup> John 3: 1-10. Feel free to use them or any you might come up with.

### Mission Impossible (but you are going to love trying)

1. Write a number 6 while moving your foot clockwise.
  - a. Pick up your right foot (left if you are left handed) off the ground and move it circularly clockwise. While moving your foot write the number 6.
2. Lick your own elbow
  - a. That's really all there is to it. Try licking your elbow.
3. Wall lean
  - a. Stand sideways against the wall (right or left you choose). Make sure your foot and shoulder are touching the wall. Now try to lift your outside foot without letting your shoulder off the wall.

What is the point: 1<sup>st</sup> John is basically saying that those who are children of God will have as difficult of a time willfully remaining in sin as these activities were to complete.

## SING (a suggested song to sing. Use this or any song you might be compelled to sing)

**Hello my Name Is** [https://www.youtube.com/watch?v=bnpgirD\\_sro](https://www.youtube.com/watch?v=bnpgirD_sro)

A great song to sing reminding that our primary identity is a child of God, the One true King.

**A Gladsome Hymn of Praise (#464 Mennonite Hymnal)** <https://www.youtube.com/watch?v=5Jk5p-j94Ng>

A hymn declaring the great love of our Heavenly Father

## PRAY

This is a time to gather around for prayer requests and praise reports. A time to hear where God is showing up in our lives and where we need Him to show up in our lives.

### Sending prayer based on the lesson:

Father God, thank you for your great love. That through Jesus Christ, your son, we too can be called your children. Help us to act and think with that as our primary identity as we go from here.